



Pulse Check In Survey

In 2020 Catholic Education South Australia implemented a wellbeing check in survey (Pulse Check In Survey). During Weeks 5 and 6 each term students from R-12 in all catholic schools participate in the survey. The survey was designed to provide information about how students are currently feeling about school, to help them become *'thriving people, capable learners and leaders for the world God desires.'* The Pulse survey asks students 8 questions.

Reception - Year 3

1. My teacher cares for me
2. I enjoy school
3. I have friends at school
4. My teacher helps me when I have problems
5. I am learning at school
6. I can have a say in my learning

7. I feel safe at school
8. I feel I belong at this school

Year 4 - Year 12

1. I currently feel I matter to my teacher
2. I currently feel like I am thriving at this school
3. Currently I have positive relationships at this school
4. When asked, my teacher helps me in manage my friendship issues
5. I feel my learning needs are being met
6. I am actively involved in co-constructing my learning
7. I am feeling safe at this school
8. I feel like I belong at this school community.

Students are asked to respond with 'Most of the time', 'sometimes' and 'not very often'.

At St Martin's our Pulse Survey results are always above the CESA expectations. After the survey each term the results are used by classroom teachers and leadership to inform our practice. Each student who responds with a 'not very often' response on any of the eight questions has a 1:1 conversation with their classroom teacher or Mel Jones (Wellbeing Coordinator) these conversations are crucial to the wellbeing of our students and have proven

to be very worthwhile and give deeper insight to the student's understanding of the questions asked.

It is important to note that the Pulse Survey is just one way our school educators gain information on our student's wellbeing. It is vital to us as a school community that we work closely with our students and their families to ensure everyone is engaged in their learning, one way we do this is to have Learning Conversations. Your children feel valued when you make time to meet with their teachers to talk about their learning and wellbeing at school. Having parents involved and engaged in our community also promotes a sense of belonging to a community. At St Martin's we are privileged to have such a diverse community. We want our school to be a place where everyone is valued and has a sense of service to others.

Being connected through engagement and belonging promotes student wellbeing.